

# World's No.1 Infrared Saunas



Trust the Original • Trust Sunlighten



Sunlighten Malaysia



[www.sunlighten.com.my](http://www.sunlighten.com.my)



sunlighten™

empowering wellness™

- |   |   |  |
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**DISCLAIMER**

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Awards & Recognition:





**"18 years of pioneering research and design  
Now enjoy the refined Sauna experience."**



***Trust The Original -  
Infrared Sauna Technology Unlike Any Other™***



# ABOUT OUR COMPANY

## Trust In A Company That Cares

Founded in 1999, Sunlighten™ produces and sells infrared saunas for therapeutic benefit for both residential and commercial use. We were established with one distinct purpose: to perpetuate the shift away from disease treatment and towards disease prevention. Sunlighten was founded as a result of a personal experience with the healing power infrared therapy.

## Research And Development

Sunlighten conducted extensive market research to determine what customers want in an infrared sauna. This insight became the genesis of our focus on creating infrared saunas that are both beautiful and effective.

## The Sunlighten Commitment

We have taken the time, effort and consideration to research every aspect of our custom-built saunas to best meet the needs of our customers. We know our saunas inside and out, and are confident in offering the highest quality product on the market.

## Clinically Tested Technology

Our patented Solocarbon® & Solocarbon® 3-in-1® infrared heaters provide 7x more effective detoxification than those found in traditional saunas AND are the only infrared technology backed by clinical data shown to reduce blood pressure, increase core temperature and aid in weight loss.

## Recommended By Health Experts

We offer the line of saunas used by more wellness providers and endorsed by more health professionals than anyone due to our ability to safely and most effectively deliver the sun's naturally healing radiant heat.

## Established & Proven Leader

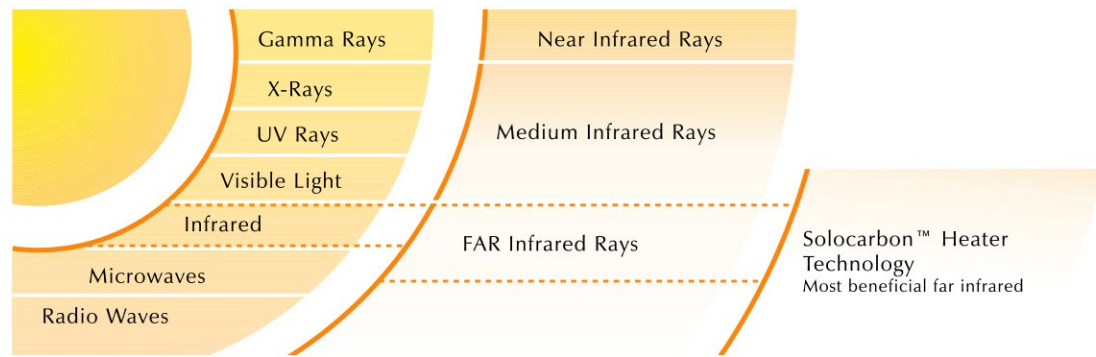
We are the leaders in the infrared sauna industry, in business to help others through continued technological innovation, superior product quality and unsurpassed customer service. Sunlighten has won numerous awards including CES Innovation Award, KC Chamber's Small Business of the Year and Entrepreneur Magazine's HOT 100.



Sunlighten Headquarters, USA



## WHAT IS FAR INFRARED



### The Light of Life

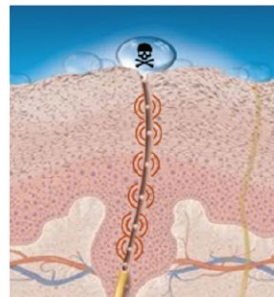
Infrared light is part of the Sun's invisible spectrum, Far infrared light is the natural radiant heat felt from the sun. Picture yourself outside on a warm sunny day. That is how it feels to be in a Sunlighten Sauna. It's the comforting heat that warms you from the inside. It's the most natural heat source on earth!

One of far infrared light's characteristics is the ability to easily penetrate human tissue. When this happens, it creates a natural resonance, which has many beneficial properties. Far infrared heat is completely healthy and safe for all living things. In fact, it is so safe and used in hospitals to warm newborn infants.

### DEEPER, DETOXIFYING SWEAT



Sunlight Saunas emit Vital Rays of Far Infrared





This Causes Water Molecules to Vibrate and Release Toxins

In combination with raising the core body temperature, Sunlighten Saunas emit far infrared within the vital wave range of 7 to 14 microns. This is the frequency at which a water molecule resonates or vibrates. This vibration causes a release of cellular toxins such as mercury, aluminum, cholesterol and other toxic gases such as sulfur and formaldehyde. This is crucial for a deeper, detoxifying sweat.

## HEATING TECHNOLOGY

### Sunlighten Saunas Vs Traditional Saunas

Sunlighten saunas use Solocarbon® infrared heat instead of steam. Hot rock and steam saunas use extremely high cabin temperatures - the body reacts with a 'surface sweat' to cool itself. The Solocarbon heating used in Sunlighten saunas gently warms the body directly, so the cabin temperature remains comfortable, while the body experiences a deep, profuse and more beneficial sweat.

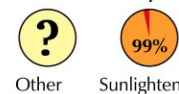
Sunlighten VS Traditional		
FEATURES	SUNLIGHTEN SAUNAS™ (Solocarbon®)	TRADITIONAL SAUNAS (Stone Heater & Steam Saunas)
Health Benefits	Proven with clinical data	No data
Maintenance	Nominal	Extensive
Sweat Analysis	80% water, 20%toxins	97% water, 3% toxins
Warm Up Time	5 to 10 minutes	45 minutes to an hours
Fresh Air Circulation	Allowed	Disallowed
Electrical Cost	Around RM1 per session (1600W)	Can double your power bill
Medical Use	Used by physicians	No data
Heat	Gentle, FIR Radiant 43°C-65°C	Harsh, Claustrophobic, 80°C-105°C

### Carbon Vs Ceramic Heaters



Solocarbon® carbon-based heating technologies emit more infrared energy at a lower surface temperature. This leads to pain relief, better circulation and more effective detoxification, among several other benefits. In addition, there are no cold spots, as occur in saunas using ceramic rods.

### Emissivity



### Solocarbon® Vs Carbon Fiber

Other carbon-fiber or carbon heaters are not clinically tested or proven effective. In fact, studies show that these low-end heaters do little more than create heat, and are less effective at delivering a therapeutic far infrared wavelength.



### Solocarbon® Vs Carbon- Ceramic Combination Or Ceramic Blends

The myth that combining the best of both available sauna heater types would result in a more effective sauna heater is simply not true. Ceramic heaters gets very hot in a short time span, and thus only deliver very short, ineffective far infrared wavelengths. The addition of carbon to the mix was thought to improve the quality of the far infrared wavelength. However, research showed that combining ceramic and carbon ultimately weakened the wavelength. Finally, the extreme heat means you spend less time in the sauna, further reducing the benefits you might get during your session. Hotter is not always better, What truly matters is how effective the sauna heaters are at conducting infrared heat!



# HEALTH BENEFITS



## NEAR INFRARED

- Cell Health / Immunity
- Wound Healing
- Skin Purification
- Pain Relief

## MID INFRARED

- Pain Relief
- Improved Circulation
- Weight Loss

## FAR INFRARED

- Detoxification
- Weight Loss
- Relaxation
- Pain Relief
- Blood Pressure Reduction
- Improved Circulation
- Anti-Aging
- Wound Healing
- Cell Health



### Detoxification

Sweating is the body's safe and natural way to heal, stay healthy and detoxify. In a Sunlighten™ sauna, the average person sweats out 20% toxins and 80% water, while in a conventional sauna, the average person only sweats out 3% toxins and 97% water.



### Weight Loss

Studies have shown a 40 minute infrared sauna session can burn upwards of 600 calories. As the body works to cool itself while using an infrared sauna, there is a substantial increase in heart rate, cardiac output and metabolic rate.



### Relaxation

Sunlighten® saunas deliver the ultimate experience in relaxation. With the most therapeutic infrared heat found in Solocarbon® heating technology, our saunas are guaranteed to help you relax in comfort with an invigorating sweat that will have you feeling stress-free with each session.



### Pain Relief

Clinical research on pain has shown evidence of heat responsive pain or HRP, which encompasses several common pain conditions that can be specifically treated with the use of our infrared heat therapy.



### Blood Pressure Reduction

Sunlighten's Solocarbon® heaters were shown in a clinical study by the University of Missouri Kansas City in 2005 to lower blood pressure from a 30 minute infrared sauna session three times per week.



### Improved Circulation

Sunlighten® saunas heat your muscles with infrared rays and produces an increase in blood flow similar to regular exercise. Blood flow during infrared sauna use has been reported to rise from a normal rate of 5-7 quarts per minute to as much as 13 quarts per minute.



### Skin Purification

A study showed significant improvements in skin appearance after just 12 weeks of sauna skin therapy using near-infrared technology. Participants experienced a reduction in wrinkles and crow's feet, as well as improved overall skin tone, including softness, smoothness, elasticity, clarity and firmness.



### Wound Healing

Studies conducted by NASA concluded that NIR LED light significantly promotes faster cell regeneration, wound healing and human tissue growth. Human cell growth increased by 155%-171% in some cases and wound size decreased by 36%.



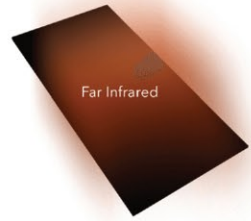
### Cell Health

Sunlighten® infrared therapy stimulates the circulatory system, which causes more toxins to flow from the cellular level to the skin's surface to improve cell health, aid in muscle recovery and strengthen the immune system.



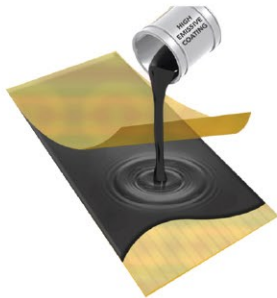
## SOLOCARBON® HEATING TECHNOLOGY

### SOLOCARBON® FAR INFRARED HEATER



#### Patented Solocarbon Far Infrared

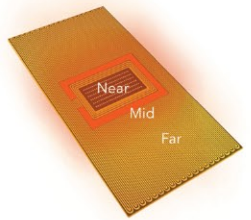
Sunlighten Solocarbon far infrared heating panels are the most effective far infrared sauna heaters on the market today. Scientific research shows that far infrared is most therapeutic in high concentrations. Solocarbon panels are proven 95% emissive, meaning that 95% of the energy being produced is in the therapeutic range to increase core body temperature for a deep, detoxifying sweat. This is the *active ingredient* that has been clinically shown to lower blood pressure, aid in weight loss, and support detoxification.



#### The Proof is in the Process

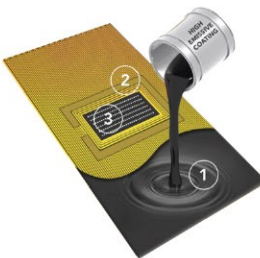
Our patented heater design is our special source. Solocarbon panels are made up of three separate layers that are sandwiched together and cured at 160°C resulting in a nearly perfect black body. This unique process makes our far infrared heaters 95% emissive, safe, and effective. Solocarbon has been clinically shown to raise core body temperature nearly 3°C in a 30 minutes session. This is important because raising core body temperature is the catalyst for nearly all the health benefits associated with infrared therapy. In fact, the materials used in our highly emissive coating are FDA approved which ensure that it is non-toxic. It is also more efficient heat source and consume less energy.

### SOLOCARBON 3 in 1® INFRARED



#### 1st & Only: Patented Solocarbon 3-in-1® Infrared

Solocarbon full spectrum infrared heaters are the only sauna heaters on the market that produce near, mid, and far infrared wavelengths. Specific conditions are required to generate each wavelength, so our 3-in-1 heaters include three distinct heating mechanisms. Other manufacturers may claim to provide full spectrum infrared, but their heaters simply don't have the technical capability to deliver on that promise.



#### Unique Design Combines Three Heaters in One

Solocarbon 3-in-1 heaters combine three distinct components within a single heating panel to provide near, mid, and far infrared at their peak wavelengths. It's impossible to deliver these three peak wavelengths at one time from a single source. That's why Sunlighten developed a unique technology that combines three heating elements in one sauna heater.

Our proprietary Solocarbon heater coating produces high quality FIR heat. A separate layer of Kapton® polyimide, a lightweight material used in space applications, can be heated independently to much higher temperatures in order to produce MIR wavelengths. And our patented LED technology produces consistent NIR wavelengths without extreme heat or light. Heat sensors keep all wavelengths at a consistent output based on clinical research. The Solocarbon 3-in-1 heater provides controllable heating zones for the utmost personalization, comfort, and results. All heaters must be covered as a standard safety hazard precaution. Sunlighten provides non-toxic and highly emissive carbonized bamboo as a protective cover on our Solocarbon heating technology, having our customer's ultimate comfort & safety in mind!

## mPULSE® SERIES

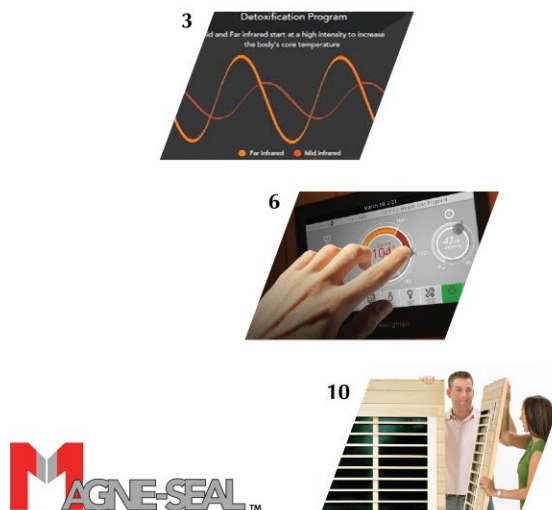
The mPulse Series is the world's 1st & ONLY Android-powered line of smart infrared saunas to offer 3-in-1® infrared (near, mid and far infrared) technology customizable to safely & effectively target your health needs. Eco-certified wood, bamboo strand heater covers and energy efficiency make this the clear green choice!



mPULSE® BELIEVE



# mPULSE® SERIES



## 1. Patented Solocarbon® 3-in-1® infrared

Clinically-backed heaters deliver blends of near, mid & far infrared for desired result; proven both safe and effective with 99% emissivity and low EMF.

## 2. Near Infrared LEDs

NASA inspired technology provides true NIR at a consistent output.

## 3. 6 Preset Wellness Programs

One touch programs emit the optimal blend of wavelengths to achieve detoxification, weight loss, pain relief, anti-aging, cardio and relaxation.

## 4. Customizable Heaters

Choose to customize the infrared output of each sauna session to precisely target individual health results.

## 5. Carbonized Bamboo Heater Covers

Washable, anti-bacterial, eco-friendly & emit infrared rays to grant full exposure.

## 6. 10.1" Android-powered Control Panel

One-touch access to sauna controls. High resolution screen provides a clear picture for DVDs. Schedule mode allows multiple users to schedule sessions.

## 7. Certified Eco-Friendly Wood

Highest quality, environmentally responsible wood available in cedar, basswood and eucalyptus.

## 8. Smart System Technology

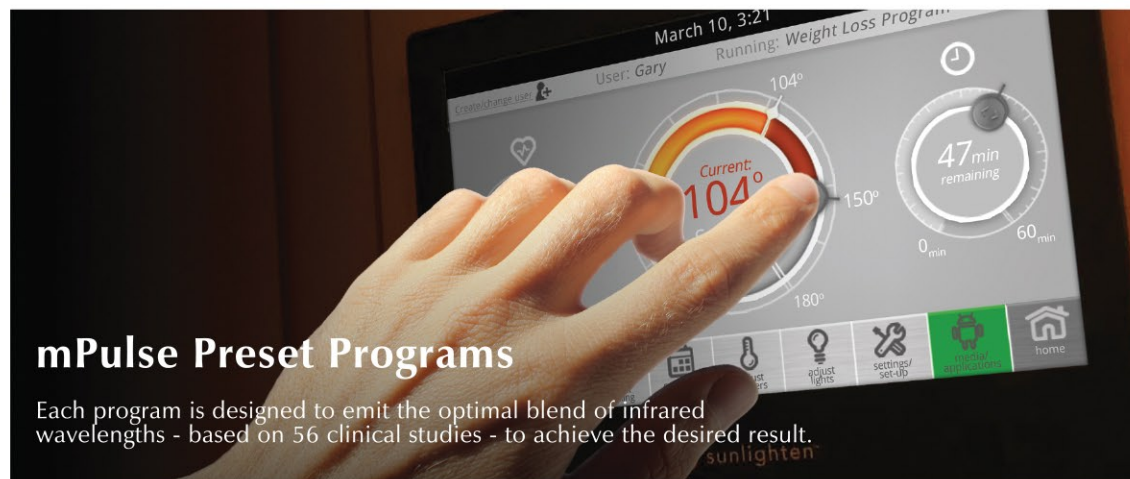
Ensures optimal system performance & Wifi connectivity for up-to-date programming.

## 9. Ergonomic, Floating Benches

Chiropractor consulted in design to reduce stress on the body; removable to create space for stretching or yoga poses.

## 10. Patented Magne-Seal™ Assembly

Prolong cabinetry, increase sturdiness and assemble your sauna in a snap with our patented magnetic system. No visible clips or screws!



## mPulse Preset Programs

Each program is designed to emit the optimal blend of infrared wavelengths - based on 56 clinical studies - to achieve the desired result.

PROGRAM	DURATION	INFRARED	DESCRIPTION
<b>Cardio</b>	45 min	Near, Mid and Far	Starts at a high intensity to increase heart rate and cardiac output then lowers to sustain heart rate level. Circulation increases to promote healthy blood pressure.
<b>Detoxification</b>	37 min	Mid and Far	Starts at a high intensity to increase the body's core temperature then reduces to a low, comfortable intensity level. IR combination improves vascular access flow to reach toxins at the cellular level.
<b>Pain Relief</b>	30 min	Near, Mid and Far	An IR blend provides natural pain relief by reducing inflammation and swelling while near IR LEDs penetrate the tissue to promote cellular repair at a medium, constant intensity level.
<b>Relaxation</b>	40 min	Near and Far	Far infrared induces deep relaxation as it relieves muscle tension at a low, comfortable intensity promoting overall stress reduction with regular use.
<b>Weight Loss</b>	30 min	Mid and Far	Starts at a high intensity to stimulate the cardiovascular system then reduces to a medium level. As the body works to cool itself, there is an increase in heart rate, cardiac output and metabolic rate similar to exercise.
<b>Skin Health</b>	30 min	Near and Far	A low, constant intensity level penetrates tissue to help with various skin concerns. Near IR LEDs improve overall skin tone, elasticity and firmness promoting anti-aging benefits.
<b>Custom</b>	Varies	Near, Mid and Far	Gives you full control of each heater, allowing you to maximize the IR power, output and intensity of each session.

It is important to note: The heater programs, and studies they are based on, are set using infrared wavelengths - not cabin temperature. Each program will take you through a variety of heater intensities and cabin temperatures. Do not be alarmed by any unexpected temperature changes. The efficacy of the program derives from the surface temperatures of the individual heaters, not the air temperature.

## mPULSE® SERIES




### Western Red Cedar

Cedar has always been a popular wood choice of saunas for decades because of its natural resistance to moisture. Cedar will not expand or contract as much as other woods when temperature fluctuates, meaning that it is less likely to bend and warp with regular (or commercial) use. Western Red Cedar is one of the world's most durable woods but can vary in quality. Sunlighten's cedar is sourced from Vancouver Island where the grain is dense and has the deepest red color of any Western Red Cedar. Our sauna wood is of the highest quality, beautifully aesthetic and is sustainably sourced (PEFC-certified). Cedar is a popular wood option for those who enjoy the natural cedar aroma, our Canadian cedar is as elegant as it is aromatic. The fresh scent of cedar will enliven your senses and create a relaxing setting for your sauna therapy.

### aSPIRE

#### EXTERIOR

Width 43.6 in / 1,108 mm  
 Depth 41.6 in / 1,057 mm  
 Height 79.0 in / 2,006 mm  
 Weight up to 260 kg  
 Power \*240v, 1800w, 7.5a

Dedicated 13amp circuit and power socket 



### bELIEVE

#### EXTERIOR

Width 51.7 in / 1,314 mm  
 Depth 47.6 in / 1,210 mm  
 Height 79.0 in / 2,006 mm  
 Weight up to 315 kg  
 Power \*240v, 2400w, 10a


Dedicated 13amp circuit and power socket 



### cONQUER

#### EXTERIOR

Width 70.6 in / 1,794 mm  
 Depth 47.6 in / 1,210 mm  
 Height 79.0 in / 2,006 mm  
 Weight up to 383 kg  
 Power 240v, 3840w, 15a


Dedicated 20amp circuit and a 20amp isolator switch, with a 20amp circuit breaker installed at the meter box. 



### dISCOVER

#### EXTERIOR

Width 70.6 in / 1,794 mm  
 Depth 70.6 in / 1,794 mm  
 Height 79.0 in / 2,006 mm  
 Weight up to 495 kg  
 Power \*240v, 4200w, 18a


Dedicated hardwired to a 25amp power supply of 32amp isolator switch, with a 25amp circuit breaker installed at the meter box. 



### eMPOWER

#### EXTERIOR

Width 85.6 in / 2,174 mm  
 Depth 70.6 in / 1,794 mm  
 Height 79. in / 2,006 mm  
 Weight up to 596 kg  
 Power \*240v, 4800w, 20a

Dedicated hardwired to a 25amp power supply of 32amp isolator switch, with a 25amp circuit breaker installed at the meter box. 





## SIGNATURE® SERIES

The Signature™ Series is the safest and most effective far infrared sauna on the market with Solocarbon® technology – the ONLY far infrared technology clinically shown to lower blood pressure, increase core temperature and aid in weight loss.



Signature® II

## SIGNATURE® SERIES FEATURES



### 1. Patented Solocarbon® Far Infrared Technology

Our clinically-tested Solocarbon® heaters are 95% emissive making it the most effective far infrared heater on the market – shown to lower blood pressure, increase core temperature and aid in weight loss.

### 2. Ultra Low EMF Technology

Our proprietary heater design virtually eliminates all EMF and steel conduit electrical shielding makes Solocarbon heaters as safe as possible.

### 3. Patented Magne-Seal™ Technology

Prolong cabinetry, increase sturdiness and assemble your sauna easily with our patented magnetic system.

### 4. Beautiful Craftsmanship

Solid tongue and groove construction, 33% thicker wood than the industry standard, commercial grade for extra durability.

### 5. Deeper Benches

Benches are solid wood, 19" high and 20" deep; removable to allow full use of floor space for stretching or yoga poses.

### 6. Premium Blaupunkt Sound System

High Quality AM/FM CD player with two premium speakers.

### 7. Soft Interior Lighting

Soft interior lights add an intimate ambiance. Add Chromotherapy for added health and harmony.

### 8. Reservation Mode

Preset your sauna with a 36-hour programmable timer.



# SIGNATURE® SERIES



## Western Red Cedar

Cedar has always been a popular wood choice of saunas for decades because of its natural resistance to moisture. Cedar will not expand or contract as much as other woods when temperature fluctuates, meaning that it is less likely to bend and warp with regular (or commercial) use. Western Red Cedar is one of the world's most durable woods but can vary in quality. Sunlighten's cedar is sourced from Vancouver Island where the grain is dense and has the deepest red color of any Western Red Cedar. Our sauna wood is of the highest quality, beautifully aesthetic and is sustainably sourced (PEFC-certified). Cedar is a popular wood option for those who enjoy the natural cedar aroma, our Canadian cedar is as elegant as it is aromatic. The fresh scent of cedar will enliven your senses and create a relaxing setting for your sauna therapy.



## SIGNATURE I

### EXTERIOR

Width 37.8 in / 960 mm  
 Depth 39.8 in / 1,010 mm  
 Height 77.5 in / 2,032 mm  
 Weight 190 kg  
 Power \*240v, 1673w, 6.97a

Available in: Canadian Cedar | Hypoallergenic Basswood

Dedicated 13amp circuit and power socket 



## SIGNATURE III

### EXTERIOR

Width 62.4 in / 1,583 mm  
 Depth 46.1 in / 1,167 mm  
 Height 80.0 in / 2,032 mm  
 Weight 236 kg  
 Power \*240v, 2550w, 10.63a

Dedicated 13amp circuit and power socket 



## SIGNATURE II

### EXTERIOR

Width 51 in / 1,293 mm  
 Depth 46.1 in / 1,167 mm  
 Height 77.5 in / 2,032 mm  
 Weight 210 kg  
 Power \*240v, 2250w, 9.38a

Dedicated 13amp circuit and power socket 



## SIGNATURE IV

### EXTERIOR

Width 81.0 in / 2,056 mm  
 Depth 56.2 in / 1,426 mm  
 Height 80.0 in / 2,032 mm  
 Weight 303 kg  
 Power \*240v, 3030w, 12.63a

Dedicated 15amp circuit and power socket 





# INFRARED SAUNA BUYING GUIDE...

Buying a sauna is a big investment, it's important to choose the right sauna - one that's effective, safe, and proven.

Not all saunas are created equally, whether you're looking for a sauna to improve your general health and wellness, or to treat or prevent a chronic condition, ask your sales consultant these 3 questions before you do your own sauna purchase.



## Does the sauna heat the body effectively?

Heater emissivity is the most important component to consider, this is the "active ingredient" needed to achieve the health benefits of infrared therapy. Infrared heat induces a deep sweat that flushes toxins from your body by raising your core temperature from the inside-out. Only the **medical-grade** infrared heater can deliver the right concentration of infrared heat to get the health benefits. Scientists measure a heater's ability to absorb and release infrared heat in terms of "emissivity." So, before you choose a sauna, always ask the sales consultant for third-party emissivity data.

**Large Surface Area + High Emissivity + Right IR Frequency = Therapeutic Results.**

Sunlighten Solocarbon® heaters are the only patented emissive heaters on the market today - and they're clinically proven 95-99% effective.

Hotter is not always better - with hotter temperatures you will spend less time in the sauna, making your sessions less effective and shift the Infrared frequency out of the therapeutic range. What truly matters is how effective the sauna heaters are at conducting infrared heat!



## Is it safe for your body - and your home or business?

**EMF Technology:** Look for infrared saunas that have extremely low Electro Magnetic Fields (EMF). Check to make sure your sauna has third-party tested results on its EMF levels.

**Non-toxic & FDA-approved materials:** The positive health benefits of sauna can be compromised by shoddy workmanship or low cost materials that are unfortunately present in some products. So, ask about the materials your sauna is made from, inside and out. Carbon heater panels should be heat-sealed & FDA approval to ensure that no wires or glues can give off harmful gas.

**Safety Certified:** Make sure your sauna has a third-party testing electrical certification to ensure it meets safety and performance standards. Sunlighten cabins follow commercial grade specifications for safety & extra durability. It has been tested and approved by multiple safety agencies.



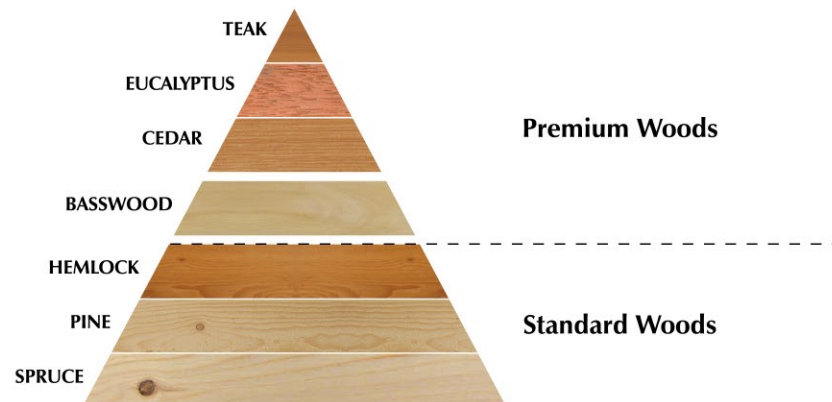
## Sauna Construction, Craftsmanship & Durability?

Some saunas are made with sub-standard materials & technologies, offerless effective health benefits & durability, these can lead to costly repairs or replacement down the road. Many saunas are assembled using hidden plywood, thinner planks and wood with knots in it, like Hemlock, Spruce and Pine, which makes the cabin less durable. Saunas made from a hand-selected thicker and premium wood such as Basswood or Cedar will stand up over time. Plus, patented Magne-Seal™ -eliminates unsightly clips, buckles, and screws to prevent cracking and warping by allowing the wood to expand and contract as the sauna heats up and cools down. Always ask the sales consultant on these.



## Type Of Wood Selection

There are many wood options available when purchasing a sauna. An infrared sauna is a wellness tool that you will want to last a lifetime. The wood it's made from contributes to the quality and longevity of your investment.

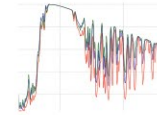


# WHY CHOOSE SUNLIGHTEN?



## Medical grade, Clinically backed Solocarbon® Heaters

We have taken our patented heaters to the next level with Solocarbon Full Spectrum. This dynamic technology is unique in its ability to provide near, mid and far infrared at optimal wavelengths based on 56 clinical studies. With high power infrared heat across all wavelengths and advanced LED technology delivering true near infrared, Solocarbon Full Spectrum can evolve with changing health needs over time.



## Highest Infrared Emissivity

Sunlighten's Solocarbon heating technology is the only independently tested and proven 95-99% effective at delivering the highest concentration of infrared. This is the active ingredient needed to achieve the known health benefits of infrared therapy.



## Ultra Low EMF Technology

Our proprietary heater design produces virtually no EMF. With our exclusive manufacturing process, we can cancel out EMF to levels practically undetectable. Solocarbon heaters have gone through comprehensive thirdparty testing to ensure safe levels of EMF.



## Safe, Nontoxic Materials

All elements of Sunlighten saunas are made with safe, nontoxic materials. Solocarbon heater panels contain a proprietary blend of materials that are 100% quality controlled by Sunlighten. Solocarbon panels are heatsealed meaning no wires or glues are used to ensure there is no off-gassing.



## Beautiful, Durable & EcoCertified Craftsmanship

With 100% quality controlled manufacturing, you will not find another sauna as beautiful or as strong. Our wood is 33% thicker than the industry standard and is commercial grade for extra durability. Our saunas are made from PEFC Eco-certified woods. We are the only company that offers hypoallergenic Basswood the only wood not listed on the toxic wood chart and has had no adverse reactions ever reported.



## Patented MagneSeal Assembly

Only Sunlighten offers a patented magnetic locking system, eliminating the need for unsightly clips to hold the sauna together. This process makes assembly a cinch, prolongs cabinetry life, provides heat protection and increases durability.



## Safety Certifications

As the direct manufacturer, Sunlighten adheres to the upmost safety standards. Our electrical certification ensures that your sauna has been tested to meet safety and performance standards.



## #1 Doctor & Consumer Recommended Brand

Only Sunlighten saunas are medical grade, clinically backed and proven 95-99% effective. This is why Sunlighten is used and recommended by more health experts and consumers over any other sauna brand.



## Chromotherapy Light

Chromotherapy works on various energy points to help your body re-establish in natural balance. It accomplishes this via the full spectrum of visible light, each colour of which addresses a separate bodily need. Sunlighten chromolight comes with easy to use remote fifteen colour option, adjustable intensity and face and strobe capable.



## Trust in a Company that Cares

In business since 1999, Sunlighten is a company established with one distinct purpose: To perpetuate the shift away from disease treatment and towards disease prevention. We continue to advance the industry as we meet the everchanging needs of our clients with affordable, best in class products.



## HEALTH EXPERTS RECOMMEND



**KRIS CARR** - *NYT best-selling author & health advocate*

"I'm a long-time believer of infrared sauna therapy and its natural healing benefits. I love the Sunlighten brand and have been using my infrared sauna for years. In fact, I'm in the market for a new one since the buyer of my old house insisted I include the sauna in the sale!"



**BOB GREENE** - *Health Expert & New York Times Best-Selling Author*

In Bob Greene's newest cutting-edge program, *20 Years Younger*, he offers four cornerstones for looking and feeling your best – nutrition, exercise, skin care and sleep. He recognizes that Sunlighten saunas can enhance all four of these pillars for a customer. "Sunlighten™ infrared saunas are an excellent enhancement to the 20 Years Younger pillars. They can be an effective tool for detoxification, weight loss, skin rejuvenation, relaxation and post workout muscle recovery." Bob recommends Sunlighten™ infrared saunas because of their superior, clinically-tested technology.



**DR. BRIAN CLEMENT** - *Hippocrates Health Institute*

"Hippocrates Health Institute, along with Dr. Brian Clement and his professional staff utilize Sunlighten on-site as a critical healing tool for guests. We endorse Sunlighten and believe this leading brand of infrared saunas is the best in the industry for everyday use and healing. In fact, Dr. Clement--a worldwide leader on wellness--made it his personal mission to partner with Sunlighten because of his respect for the company, the product, and the level of customer service."



**DR. MARK HYMAN, MD**

Dr. Hyman, New York Times Best Selling author, is a contributing Medical Editor to *Alternative Medicine Magazine*, and Editor-in-Chief of the peer-reviewed journal, *Alternative Therapies in Health & Medicine*.

Dr. Mark Hyman's newest book, *Ultrametabolism*, addresses the use of saunas as a means of practicing active relaxation to reduce stress and lose weight. For home use, he recommends purchasing an infrared sauna from Sunlighten™. Dr. Hyman currently owns a Sunlighten sauna and recommends Sunlighten™ to his patients.



**DR. DIETRICH KLINGHARDT** - *Founder and Chairman of Klinghardt Academy of the Healing Arts*

"With clinically-backed infrared heaters, Sunlighten™ saunas aid in detoxification, blood pressure reduction, weight loss, pain relief and skin purification. Made of Non-toxic materials with easy set up, comfort and use, these are the preferred choice for treatment of Lyme disease, autism and other chronic conditions for lifetime use."

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**DR. ANN LOUISE GITTLEMAN** - *NYTimes best-selling author of 30 wellness books including The Fat Flush Plan*

"Sunlighten saunas represent the next wave of advanced, therapeutic cleansing to improve overall health and longevity. Regular infrared sauna therapy can help with detoxification, weight loss, and pain relief. I recommend Sunlighten saunas because of their near infrared LED technology shown to improve cell health, immunity and skin rejuvenation. So get ready, set & SWEAT your way to healthy living!"



**DR. RACHEL WEST** - *Family Practitioner, specializing in chronic disease, pain states, women's health & childhood Autism*

Dr. Rachel West is an Osteopath and Family Practice Physician with offices in Santa Monica, California. Dr. West's practice integrates conventional medicine with alternative therapies such as homeopathy, cranial-sacral work, Iyengar yoga and biodynamic osteopathic manipulation. As a family practitioner, Dr. West specializes in chronic disease, chronic pain states, women's health and childhood Autism.

"In today's world where we are all exposed to toxins in the air and water, as well as through medications, vaccines and dental work, it is vital to integrate a detoxification regimen into one's daily life. Sunlighten™ saunas are a non-toxic, no side-effect way of ridding the body of harmful pollutants, especially heavy metals. Detoxification is important because it strengthens the body's immune system and helps the body's biochemical processes function efficiently. Detoxification has also been proven to be helpful with colitis, chronic fatigue, fibromyalgia, auto-immune disease, immune deficiency states, autism, ADD and ADHD."



**Jorge Cruise** - *Creator of the 3 Hour Diet*

Jorge Cruise is the New York Times Bestselling Author of *The 3-Hour Diet* and *8 Minutes in the Morning* book series, the diet coach for AOL's 23 million users, the diet and fitness editor for *Good Housekeeping* magazine and *USA Weekend* Magazine.

"If you want to live well, you need to use a Sunlighten sauna. It will help you maximize your metabolism, remove toxins, and reduce inflammation and soreness. It's a great secret to extraordinary physical health."



**Jeffrey A. Spencer** - *Wellness Expert*

Jeff Spencer, D.C., 2004 Sports Chiropractor of the Year and former Olympic Athlete works with premier athletes to minimize injury downtime and expedite recovery after competition. Dr. Spencer works with high performance athletes including Tiger Woods, Chad Reed, and Troy Glaus. He believes that the regular use of a Far-Infrared Sunlighten sauna is essential in promoting muscle recovery, reducing tension and eliminating performance inhibiting toxic burdens from the body.



**Jordan Rubin** - *Founder of Garden of Life*

Jordan Rubin, founder of Garden of Life, owns and recommends Sunlighten for a healthier lifestyle. Jordan S. Rubin founded Garden of Life, Inc. in 2000 after overcoming an incurable disease - one that nearly ended his life. When both conventional and alternative medicines failed, he took matters into his own hands. Today, he credits his survival and vibrant health to an enduring faith in God and a revolutionary health program he calls *The Maker's Diet*.